



EASTERN SHORE

JOINT EMERGENCY MANAGEMENT TEAM

ESJEM 'Organizing to Respond'

In the event of a community wide or broad based emergency situation on the Eastern Shore of Nova Scotia (Lawrencetown across to Preston and out to Ship Harbour), the ESJEM team, under the direction of HRM EMO, will work with existing community groups and first responder agencies to coordinate assistance efforts in our area.

First brought together in 2004, after Hurricane Juan ('03) and White Juan ('04), the ESJEM team is working to make connections with the various community groups and organizations on the Eastern Shore, to establish relationships before they are needed.

Our strength lies in the local knowledge of our communities, combined with training to plan and respond during times of emergency. By pooling and coordinating resources that already exist in our area, we can more effectively support our communities during emergencies.

If you belong to a community group that ESJEM should be aware of, please contact ESJEM at 827 5414 and we will work with your group to coordinate community efforts.

ESJEM under the authority of **HRM Emergency Measures Organization**

Emergency Preparedness Theme 2006 ***'BE PREPARED FOR 72 HOURS'***

If you are asked to evacuate your home or stay indoors temporarily having essential items at hand will be a great comfort.

HOUSEHOLD EMERGENCY KIT

Flashlight and batteries	Radio and batteries
First aid kit	Cash and spare car keys
One change of clothing and shoes	Important papers (ID etc.)
Blankets or sleeping bags	Toilet paper and personal supplies
Medication (72 hr supply of usual meds)	A whistle to attract someone's attention.
Canned food and bottled water for 3 days *	Manual can opener

(*remember to replace water and canned food/dry goods annually)

Additional Preparedness Kits To consider

[Basic Equipment](#)
[Food and water](#)
[Survival](#)
[Vehicle](#)

[Learn More At The
Website Below](#)